



# Sandown Ski Club Handbook 2012

Includes:

- Welcome and Information
  - RULES RULES RULES
- Ski Equipment and Gear Suggestion List
  - Info Packet From PATS PEAK
- Regulations, Safety Codes, Responsibility Code
  - Schedule
- LOTS of FORMS ~ Form Packet





# Sandown Ski Club 2012 Information Packet for Sandown Ski Club Members

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6. Info From Pat's Peak
7. Your Responsibility Code & Serious Signage

## PACKET of FORMS -- Check List

BE SURE ALL PAGES IN THE "PACKET OF FORMS"  
ARE FILLED OUT COMPLETELY...

Forms NOT filled out fully and properly will go to the bottom of the list!!

- \_\_\_\_\_ Sandown Ski Club Fees and Payment Form
- \_\_\_\_\_ Rules and Safety Contract
- \_\_\_\_\_ Emergency Medical Information Form
- \_\_\_\_\_ Emergency Medical Release
- \_\_\_\_\_ Timberlane District Release of Liability Form
- \_\_\_\_\_ Bonus Day - Free Ski Day During February Vacation Form

## WELCOME TO SANDOWN SKI CLUB 2012

Dear Ski Club Member and Parents,

Welcome to Sandown Ski Club. We would like to welcome new and returning Ski Club Members. The Sandown Ski Club skis at Pats Peak, Henniker, NH after school on Fridays for five weeks starting Friday, January 6, 2012.

We hope this will be a help to you, by allowing you to read all the information and filling out the MANY Ski Club Forms before you come to the Sandown Ski Club Sign Ups.

Don't forget to bring all your forms and TWO checks to the Sign Ups.

We also get a Bonus Day (Free Ski Day), which is a free ski day for all Sandown Ski Club Members during February Vacation. We will be attending Pats Peak for the Bonus Day on Friday, March 2, 2012.

We have a GREAT time each Friday, and enjoy being with the Ski Club Members. The Chaperones are wonderful and will help anyone loading the buses, on the buses, at Pats Peak, in case of an emergency, and at the School or Town Hall. They volunteer to be a Ski Chaperone to help all of our Ski Club Members. Each week the Sandown Chaperones wear a very bright yellow vest so all Ski Club Members can find them easily.

The ONE BIG thing the chaperones ask for is ALL Ski Club Members be polite, respectful, know the rules, dress properly, have safe equipment and be on their BEST behavior!! The last several years the Ski Club Members have been awesome, and we plan on this being another AWESOME YEAR!!!

Please read this Handbook from beginning to end!!! We expect each Ski Club Member and their Parents to know everything in this Handbook. If your child does not know things from this Handbook we may send a copy home with them to read before they are allowed to attend Ski Club again. This is for everyone's safety and pleasure!!!

Our rules aren't hard. they are the same rules as students follow at school, classrooms, other sports activities, etc. The KIDS know what is right and wrong!!! Please make sure they know we expect this of them before you sign them up!!!

We are looking forward to another SUPER SKI YEAR!

THINK SNOW!!

Todd & Jeannie

## SANDOWN SKI CLUB 2012 INFORMATION

This is the Sandown Ski Club 2012 Handbook. We expect all Ski Club Members, Parents and Chaperones to know everything in this book before the first ski day at Pats Peak. There is a form in the "Form Packet" that must be signed by the Student and the Parent before we will accept a student to be a Member of the Sandown Ski Club. We expect all Ski Club Members, Parents and Chaperones to follow the information in this Handbook. Please be sure to read every part of this carefully.

### Sandown Ski Club Sign Up Night:

This year the Sign Ups will be held: Friday, October 28, 2012 6:00pm to 9:00pm  
Sandown Town Hall (Lower Level)

We have our own Web Site [www.sandownskiclub.com](http://www.sandownskiclub.com) this will help you so you can find all the information and forms you will need. If you are attending Ski Club, please be sure to Sign-Up on this Web Site...if you do, you will have that number for your application. We only have 100 spots this year. It will also allow us to send you e-mails and keep you up to date. Please check the Web Site often for new and updated information from now until the end of Ski Club Season.

If you do not have e-mail or Internet service, we will place a few Handbooks and Packet of Forms at sign ups; but we are now going to be doing most of our work on line...so be sure to sign up and get all your information there!!!

**We will only have a few Handbooks and Packet of Forms at the Sign Up Day**  
**Please be sure to bring your own with you!**

When you come to the Sign Ups please bring your printed out Packet of Forms.  
If you fill out ALL the forms before you arrive, you will be in and out in a flash!!!

- Forms will be in PDF Format ; you may have to download Acrobat reader.
- Each form should fit on ONE sheet of paper.
- If forms are brought in on multi pages you will have to rewrite them at the sign up.
- Fill Out Each Form Fully.
- If you don't know the answer to a question, please do not fill it in, but note it and ask when you come to sign ups.
- Bring TWO checks with you - one payable to Pats Peak the other to Sandown Ski Club.
- Do not fill out the \$\$\$ amount on the checks until your application has been reviewed by a Ski Club Chaperone at the Sign Up.
- YOU MUST COME TO THE SIGN UP TO FILL OUT THE APPLICATION TO PATS PEAK. THIS FORM HAS TO BE SIGNED BY PARENT.

Have questions:

Todd 887-2941 [Toddfourn@Yahoo.com](mailto:Toddfourn@Yahoo.com) or Jeannie 887-0356 [J.Lanctot@Comcast.net](mailto:J.Lanctot@Comcast.net)

## Ski Club Information Page 2

### Policy on Registration:

Our Ski Club has a limited amount of space for students this year. All registrations are on a first come-first serve basis but we will be taking the numbers from the Sandown Ski Club Web Site first. So SIGN UP NOW at [www.sandownskiclub.com](http://www.sandownskiclub.com) All Pats Peak registration forms have to be filled out and signed at the Sandown Ski Club Sign Ups. We will do everything possible to accept all applications, but applications that are not filled out properly will be placed at the bottom of the numbered list. We are running on a very tight schedule, and can't chase down individual information. Pats Peak will just return forms that are not completed fully.

We do not consider a Sandown Ski Club Member registered until the full payment of fees has been made and all checks have been cleared and all the required forms are completed fully. Without these items being completed this can put a registration at the bottom of the list or on "hold" allowing completed payment and information forms to go ahead of incomplete items. Please be very careful when filling out forms and making payments.

**PLEASE REMEMBER THERE ARE NO REFUNDS!!!**

**THERE IS NO REFUND ON RENTALS AT PATS PEAK!!**

**You can rent at a later time other than at the sign up, but there is a \$25 late fee.**

**If you want to rent at a later time you will have to contact Todd or Jeannie.**

**THERE ARE NO REFUNDS ON ANY THING FROM**

**PATS PEAK OR THE SANDOWN SKI CLUB!!**

All 4th & 5th grade students must take ski or snowboard lessons. Any student NEW TO THE SANDOWN SKI CLUB PROGRAM - no matter what grade must take lessons for the first year in our program OR must check with Todd or Jeannie.

All Pats Peak Applications will be filled out at the Ski Club Sign Up and MUST be signed by the PARENT . the students must know the "Your Responsibility Code", and all Pats Peak Rules. "Your Responsibility Code" is on our SandownSkiClub.com Web Site and in the Sandown Ski Club 2012 Handbook. All students must know all information in the Ski Club Handbook 2012, the Pats Peak Handbook, and the Skier's Responsibility Code.

## Ski Club Information Page 3

### **Buses for All Ski Club Members:**

We will be riding Coach Buses again this year. With 4th & 5th Grades leaving from the Sandown Central School no later than 2:45 PM. The 6th through 12th Grades leaving the Sandown Town Hall no later than 3:00 PM each Friday. Parents will pick up Ski Club Members at the Town Hall and/or the Sandown Central School at 10:00 PM. Students will be picked-up by parents at the same location they leave from in the afternoon. Ski Club Members will be assigned to a bus and will remain on that bus for the season. Please check [www.sandownskiclub.com](http://www.sandownskiclub.com) Web Site for BUS LISTS in December OR early January.

### **Bus Info Middle and High School Students:**

For 6th - 12th grade, it is your responsibility to arrange for transportation from the Middle School and High School to the Sandown Town Hall. As a service to our MS & HS Ski Club Members we are working on having the school buses make the stop at the Town Hall on Ski Club Fridays. If this works out, the students must bring the proper notes to school each week. Please do not ask the schools or bus drivers to make special exceptions for YOU. If we can complete arrangements for Ski Club Members to ride the school buses from the HS and MS we will post the information on the [www.SandownSkiClub.com](http://www.SandownSkiClub.com) Web Site as soon as possible. But as of right now, we DO NOT have any transportation from the HS or MS scheduled.

If you drive your student to the Sandown Town Hall, it is very, very important to park out behind the building in the afternoon and at night. Please do not park out where the buses need to park and load. There is parking on the Hampstead Road side of the Town Hall; park only in that area. Remember the coach buses need lots of room to turn AND park so please leave room. For safety reasons do not park on the sides of the roads.

On Friday's, Ski Club students can leave their equipment in the downstairs room at the Sandown Town Hall, but IT MUST BE IN THE LARGE ROOM AND OVER TO THE SIDES. PLEASE DO NOT LEAVE ANY EQUIPMENT OR GEAR IN ANY OF THE HALLS, OTHER ROOMS, ON THE TABLES, CHAIRS OR COUNTERS. OTHERS HAVE TO USE THAT ROOM, TOO!!! WE DO NOT WANT TO LOSE OUR PRIVILEGE TO USE THIS ROOM...PLEASE FOLLOW THE RULES!!!

Equipment may be left in the Sandown Town Hall from opening hours on Friday morning to our departure to Pats Peak. **All students are responsible for bringing their own equipment from the Town Hall onto the bus.** We would rather not have anything left in the Town Hall once we leave for Pats Peak. Parents are not allowed on any of the Ski Club Buses. We cannot be late in arriving at Pats Peak, if you need help see a chaperone.

## Ski Club Information Page 4

### Bus Info for Elementary Students- 4<sup>th</sup> & 5<sup>th</sup> Grades:

Students in grades 4-5 can bring ski equipment and gear to school, but these items can not be brought on the School Buses. The storage area for 4-5 grades at the Sandown Central School on Friday's will be the **Health Tech Room** down the hall from the Main Office at the Sandown Central School. This room is open in the AM and can have equipment placed in it at any time before the Ski Club Buses arrive. Please put all gear and equipment in this room over to the side, others will be using the room during the day, so make sure nothing is left on tables, chairs or in walk ways. **NO EQUIPMENT OR GEAR SHOULD BE LEFT IN THIS ROOM WHEN WE LEAVE ON THE BUSES TO PATS PEAK!!! WE DO NOT GO BACK IN THIS ROOM AT NIGHT. THE SCHOOL IS NOT OPEN TO US AT 10:00 PM.**

At "Ski Club Dismissal" time (the announcement will be made over the PA system), all students in Ski Club are to go QUIETLY and bring their PASS to the Bus Drop Off Doors outside the main office. Any student with their own equipment will go to the Ski Club Equipment Storage Area first, then to the Bus Drop Off Doors outside the main office. All students are responsible for bringing their own equipment from the storage room to be loaded on the ski bus.

**PARENTS ARE NOT ALLOWED INTO ANY CLASSROOM AT ANY TIME.** If you bring gear and equipment for your student it must go directly in the Health Tech Room across from the Main Office in the AM or during the day. You may bring gear and equipment during the bus loading time, but you must stay clear of the bus, walkways, steps, etc. Please do not enter the school!!! **THERE IS NO PARKING IN THE SCHOOL BUS DROP OFF AREA AT ANYTIME - DURNING SCHOOL HOURS OR AT PICK UP TIME.**

In the afternoon: Parents are not allowed to park in the bus drop off area. The regular school buses will be arriving and we have to have the ski club buses out of this area before the school buses arrive. Because of this, we will NOT be allowing parents on the Ski Club Buses. You can meet your student outside of the school near the bus, but PARENTS are not allowed on the ski club buses at anytime. If you find you need to give your student something after they are on the bus please talk to a chaperone.

Once Students Have been checked in on the bus they are not allowed back off the bus. This is for safety reasons. We do not want to leave a student behind by accident. If there is an emergency please talk to a chaperone. This is a must this year.

Autos should be parked behind the school near the playground or over near the cemetery. Please no parking on the road - Route 121A - at any time. At pick up time in the evening, please be sure to keep the entrance to the bus parking area clear of parked cars, please park on the back side of the school, and leave by going down the cemetery side driveway.

## Ski Club Information Page 5

### ALL GRADES:

- **SKI & SNOWBOARD EQUIPMENT ARE NOT ALLOWED ON THE SCHOOL BUSES**
  - **PARENTS ARE NOT ALLOWED IN CLASSROOMS**
  - **PARENTS ARE NOT ALLOWED ON ANY OF THE SKI CLUB BUSES**
- **SKI EQUIPMENT AND GEAR CAN BE PUT IN THE SKI STORAGE AREAS ONLY**
- **STUDENTS ARE NOT TO BRING SKI GEAR/EQUIPMENT TO THE CLASSROOM**
  - **PLEASE DO NOT USE SCHOOL OUTERWEAR FOR SKIING**
  - **SKI COTHING SHOULD BE DIFFERENT FROM SCHOOL OUTERWEAR**
- **SCHOOL OUTERWEAR CAN GET WET AT RECESS/WALKING/STANDING STUDENTS NEED DRY CLOTHES TO START AT PATS PEAK EACH WEEK**
- **THIS INCLUDES BOOTS, HATS, MITTENTS, SOCKS, JACKETS, SKI PANTS**

### Returning to Sandown From Pats Peak for ALL GRADES:

All students must be picked up on TIME when we return from Pats Peak to the Sandown Town Hall, or Sandown Central School. We expect the buses to arrive back in Sandown by 10:00 PM. If we have not returned by that time, that means we have run into bad weather, the traffic situation is bad, or that a student has not followed directions, by not being at the ski lodge or buses on time. Please be patient with us,

We are usually out in the cold with over 100 kids, trying to make sure each and every one of them is accounted for; we do not leave the ski area until ALL STUDENTS ARE ACCOUNTED FOR. This means if students do not follow the rules, then we have to hold up ALL THE BUSES FOR THEM!! If parents do not follow the rules and do not sign their child out properly at Pats Peak, we HAVE TO HOLD ALL THE BUSES FOR THEM!!! Please note this year any Ski Club Member not on time for the buses or not signed out properly will be subject to dismissal from our program without refunds.

PARENTS MUST BE ON TIME AT THE SANDOWN SCHOOL OR TOWN HALL FOR PICK UP. If we have to wait for more than 5 minutes for a parent, the student can be held in the lodge during FREE ski time the next week, or will be asked to leave the program without refunds. The Chaperones have had a long day, by the time we get back to Sandown we are cold, tired, hungry, so please be sure to be at the proper location to pick up your child on TIME. Also, please be sure NOT TO PARK IN ANY AREA WHICH WILL INTERFERE WITH BUSES BEING ABLE TO GET INTO THE PARKING AREAS.

## Ski Club Information Page 6

### Buses And Sign Out from Ski Club at Pats Peak on Friday Nights:

All Ski Club Members must ride the Bus up to the Ski Area. We also expect all Ski Club Members to ride the Ski Club Buses back to Sandown.

We do allow Ski Club Members to be signed out to ride home with **THEIR OWN PARENTS ONLY**. NO NOTES WILL BE ACCEPTED on the bus or at Pats Peak. If you have a problem with return Transportation from Pats Peak, please contact Todd or Jeannie by phone or e-mail [Toddfourn@Yahoo.com](mailto:Toddfourn@Yahoo.com) or [J.Lanctot@Comcast.net](mailto:J.Lanctot@Comcast.net) . **NO OTHER PARENT CAN SIGN OUT OTHER STUDENTS**. If you wish to sign your child out of our program on Friday nights, you must do so NO LATER THAN 7:30 PM. The sign out sheet will be on the second level - upstairs IN the Main Ski Lodge at Pats Peak. Anyone not signing out properly will be asked not to return to Ski Club, there will be no refunds.

### Ski Club Hot Line and Cancellations:

Each Friday we will have the "Sandown Ski Club Hot Line" up and running. This is there for "bad weather days", but you can check it each week for updates. We will also have the [www.sandownskiclub.com](http://www.sandownskiclub.com) Web Site with the latest info each Friday, please be sure to check it. The Hot Line will be running from 7:30 AM. If we have a "bad weather" day, we will not be able to cancel Ski Club until after 12:30 PM, so please be sure to call the HOT LINE OR CHECK THE WEB SITE after that time. **DO NOT CALL THE SCHOOLS!!!** The Schools do not have any SANDOWN SKI CLUB information, so please be sure to use ONLY the HOT LINE NUMBER: 887-2941 & 887-0356 OR the [www.sandownskiclub.com](http://www.sandownskiclub.com) Web Site.

If school is canceled there is no Ski Club on that Day. If school is canceled while in session, please check the [www.sandownskiclub.com](http://www.sandownskiclub.com) Web Site. We will probably cancel. If possible, please use the website and NOT the Hotline on a day when we have to cancel while school is in session. We cannot answer all the calls, we can't make arrangements with the bus company, Pats Peak, and notify the schools, and put the latest message on the Hot Line. You will be much better served by using the [www.sandownskiclub.com](http://www.sandownskiclub.com) Web Site.

1. Always use the [www.sandownskiclub.com](http://www.sandownskiclub.com) Web Site first.
2. Always check your e-mail second.
3. Check your home phone messages.
4. Call the Hot Line ...HOT LINE: 887-2941 or 887-0356
5. **NEVER CALL THE SCHOOLS**, they cannot handle the Sandown Ski Club Questions...so give them a break and do any/all of the above.

## Ski Club Information Page 7

### Gear and Equipment If School Is Canceled While In Session

#### Sandown Central:

If school is canceled while in session, you have a half hour to get to the Sandown Central School to pick up gear and equipment. If you cannot make it in that time, your items will be locked in the Health Tech Room, and you won't be able to pick them up until Monday.

#### Sandown Town Hall:

At the Sandown Town Hall we will make every effort to let you know if the Room will be open to get your gear. If you don't get it on Friday, we will do our best to get a time on Saturday or Sunday for you to get any items left there. Please check the website for complete details, or call the Hot Line.

#### Make-Up Days

We do try to have a Make-Up Day for the whole Ski Club, but there are no individual make up lessons. Make Up Days will be on a Friday after the last Friday afternoon Ski Club date. But, we do have to wait until we talk to the Bus Company and Pats Peak before we can give you an exact date. Again, check the Web Site for details. **REMINDER:** If a student is sick or does not attend Ski Club and misses a lesson, there is no make-up.

#### Ski Gear and Equipment

Proper ski and snowboard gear, equipment and clothing are a MUST. Please see the clothing and equipment list provided by Pats Peak, and also the Sandown Suggestion List. We will not allow students to participate without proper gear, equipment or clothing. Students will have to remain in the lodge if Pats Peak Staff or Sandown Ski Club Chaperones feel a Ski Club Member does not have proper items. If this happens more than once, the student will not be allowed to attend until proper gear, equipment or clothing is obtained, and could be asked not to return at all, there will be no refunds.

**FOR MORE INFORMATION PLEASE READ THE SANDOWN SUGGESTION LIST and THE RULES, RULES, RULES PAGE.**

#### Helmets:

**Helmets are Mandatory you must have one to ski or board with no exceptions.**

## **SANDOWN SKI CLUB 2012 ~ SUGGESTION LIST**

Welcome to Sandown Ski Club. We hope to have another great year of skiing at Pats Peak. We know skiing is expensive with lift tickets, skis, poles, snowboard, boots, clothing and money for food – it can cost a fortune!! But, on the same hand the kids cannot have fun, safe skiing experiences if their equipment does not fit, they don't have proper clothing, and they break rules, etc. We would like to offer some suggestions to help you when you go out to make these investments.

1. Buy a Sharpie Pen...this is to mark **everything** your child takes with them on Friday. **Everyone needs their name on everything!!!!** Each year hundreds of dollars worth of equipment are lost just from our Ski Club alone...if items have a name on it, we may have a chance of getting them back!! We have an area on the top floor of the Pats Peak Ski Lodge; **all students must put their gear up there with us.**
2. All school backpacks (anything they DO NOT need to ski with) should be limited. Grades 4 & 5 cannot go back into the school when we return from Pat's Peak, so all school items should be taken if needed over the weekend. Any of these school items should be left on the bus (in the under compartments) and not taken into the ski lodge. Students leaving from the Sandown Town Hall Should put their bags on the Bus also. **Where you get on the bus is where you will get off the bus. If you KNOW you are going home with your parents from Pats Peak, take all bags, school gear, instruments, to the Lodge with you. Leave with Chaperones on second floor. YOU CANNOT GO BACK TO THE BUSES ONCE YOU HAVE BEEN DROPPED OFF AT PATS PEAK. You would have to wait for the buses to pickup us at 8:45 PM.**
3. Lunches or snacks should be sent with the kids to eat on the bus ride up. Please pack **NON MESSY** lunches and snacks. All drinks must be in **NON GLASS** containers, and they must be able to be **closed back up**. No soda cans!! Please pack lunches so they can be taken out of gear bags, and taken onto the bus. All gear bags will be UNDER the BUSES!! Money can be sent for food students would like to purchase at Pats Peak, but we do feel many students should bring a snack for the bus. The Ski Club provides drinks upstairs at the Ski Lodge for all Ski Club Members, they do not have to purchase drinks from Pats Peak. There is no eating or drinking on the buses on the return trip home. All trash from snacks **MUST** be thrown away properly, **NOT ON THE BUS FLOOR!!** Students will be asked to stay on the buses until the seats and floors are **CLEAN!!**
4. When buying equipment, be sure to ask, ask, and ask. Good ski shops will give you information. If buying used, know what you want before hand. Go to a ski shop and see what the ski pros have to say, you don't have to buy, just see what they suggest for your child. Many of the good ski shops have "specials" or "packages" that can work out to be just a few dollars more than used equipment, so be sure to check this option. If you do buy used, make sure you have all equipment fitted and "tuned up" by a professional, if buying new, these services will be included at the ski shop. **ALL SKI BOOTS NEED TO GO ON EASILY AND BE ABLE TO BE BUCKLED BY THE STUDENT!!** If you already have equipment, be sure it still fits properly, and is tuned up by a professional.
5. When selecting clothing, each child **MUST** have: **Warm** hat that covers the whole head and ears!! **Warm** ski jacket, outside shell should be **waterproof**. Polar Fleece neck warmer. Two pair of **waterproof** gloves and/or mittens. **Waterproof** ski pants. One thin pair of non-cotton socks (ski sock liners) and one pair of non-cotton ski socks. These should be thin type ski socks. **No pants, ski pants, etc. only these two ski sock items go into the ski boots!!** Clothing under the outerwear should be non-cotton: turtlenecks, sweaters, sweat pants or suits, long underwear. Watch the weather before hand, but it is **ALWAYS** colder at Pats Peak than in Sandown, and **always** much colder at night. **BRING EXTRA** gloves, neck warmers, socks and hats! **Please purchase SKI clothing!** If not dressed properly we will not allow any ski club member out on the slopes.
6. Ski/Snowboard bags, boot bags, totes, and/or ski and bootstraps are a **must!** The kids have to carry their own equipment from the bus, up a small incline, then up a large set of stairs. Loose skis, poles and boots are too awkward and dangerous for them to carry that distance on ice and snow. **NO EQUIPMENT CAN BE ON THE WALKS, BUILDINGS AND DO NOT BRING ANY SNOWBOARD OR SKI EQUIPMENT IN TO ANY SKI LODGE!!!!**
7. **Ski goggles** are a great help when it is really, really cold, or when it is snowing. It helps them see where they are skiing instead of squinting and being hit in the eyes by speeding snowflakes, ice or sleet, and possibly running into objects. If you do purchase goggles look for anti-fog lenses and because of night skiing they should not be highly tinted; or have two sets of lens tinted and non-tinted. Be sure they fit snugly AND go over a Ski Helmet!!
8. **Ski helmets** Are **Mandatory for all** skiers. These are warm and can protect the child's head from injury in a fall or other accident. Please make sure they fit properly. We will be doing Ski Helmet checks at the Mountain.

**Put your name on everything & dress appropriately, have safe equipment, follow the rules, ski smart and have a fun, safe, good time!**

## SANDOWN SKI CLUB 2012 ~ RULES, RULES, RULES AND SAFETY CONTRACT

1. Students must be in grades 4 -12.
2. All students in grades 4 and 5 MUST take ski or snowboard lessons.
3. Any student taking a lesson must go to each lesson. Failure to go to lessons can result in lost ski time.
4. Any new student to the Sandown Ski Club Program, no matter what grade, should take lessons for the first year in our program. Please see Todd or Jeannie for details.
5. All Students MUST ride the buses to Pats Peak.
6. Students must conduct proper behavior at all times and act in a respectful manner.
7. This will include: Listening to Chaperones and Pats Peak Staff and Following Directions
8. No use of foul language, smoking or drug materials, or weapons of any kind
9. All school rules will apply at all times
10. Students must be on time for all:

Buses Leaving Sandown: 2:45 PM - Sandown Central School; 3:00 PM - Sandown Town Hall

Check In at Pats Peak: All students will be required to check in at Pats Peak. Chaperones will set check in times. You will lose ski time if you do not check in EACH week.

Buses Leaving Pats Peak: 8:45 PM ready to board buses.

11. A student not going home on the Sandown Ski Club Bus can only be signed out by their own parent, no later than 7:30 PM. No notes will be accepted, no other person can sign out students other than their parents.
12. Proper dress and clothing are required at all times. Any student not dressed properly will be asked not to participate that day. Chaperones or Pats Peak Staff will determine if items do not meet all skiing guidelines.
13. Proper equipment and gear in excellent working condition are a must. Any student without proper equipment or gear will be asked not to participate that day.
14. Students are only allowed in Chaperoned areas. These areas are all open ski slopes, the 2nd floor of the Main Lodge including only the 2nd floor restrooms and the 1st floor cafeteria. Any student who needs to go to any other area must be accompanied by a Chaperone. Students are not allowed on the bottom floor of the Lodge.
15. Students must remain on open trails only. Skiing on closed trails or in the woods is prohibited.
16. All clothing gear must be in the lodge on the second floor, and equipment must be on the SKI RACKS!!! Nothing on walks or rails!!! Failure to put equipment and gear in proper places will result in lost of ski time or dismissed.
17. Students renting equipment MUST return ALL rented items to the Rent Shop. Pats Peak can stop rentals if not returned. The Pats Peak Rental Staff KNOW WHO YOU ARE!!!
18. Safe operation on the chair lifts is REQUIRED. Jumping off the chair lift is prohibited. Nothing is to be thrown or dropped from any chair lifts. All rules of Pats Peak for the chair lifts are required at all times.
19. A ski school student is allowed to ski only on the trails their ski instructor has previously taken them on. Skiing on any other trails is not allowed at anytime. Any student on trails not allowed will be asked to leave the slopes.
20. Students are not dismissed from any buses until the buses are clean of all trash. Only chaperones can dismiss the students from the buses.
21. Parents must: Park in the designated parking areas only, be on time picking up their child, help load and unload the ski buses. Because of strict bus schedules at Pats Peak no parents are allowed on the Ski Club Buses. NEVER call any of the schools for information - call Todd 887-2941 or Jeannie 887-0356 or go to the [www.sandownskiclub.com](http://www.sandownskiclub.com) Web Site.

**Violations of any of the above rules will result in the loss of Membership in the Sandown Ski Club.**

**All Pats Peak, Timberlane School District, and Sandown Ski Club Rules Apply at All TIMES.**

**Students can be dismissed from the program at any time and there are NEVER any REFUNDS of any kind!!**

**Student ~ Parent Copy.**

**Please DO NOT SIGN THIS COPY**

**BE SURE TO SIGN THE RULES RULES RULES AND SAFETY CONTRACT IN THE PACKET OF FORMS**

# SANDOWN SKI CLUB 2012

## BONUS SKI DAY ~ Free Ski Day

Each year the Sandown Ski Club Attends Pats Peak for Bonus Ski Day, during February Vacation.

This year we will be going to Pat's Peak on:

- Friday, March 2, 2012.
- For this day only -- ALL Buses Leave From the Sandown Central School
- Students should arrive at the Sandown Central School by 7:30 AM
- Buses will leave Pat's Peak at 4:15 PM
- Buses will be back at the Sandown Central School at 5:15 PM
- Students should plan to bring lunch, snacks and/or money for the day
- Drinks will be provided by the Sandown Ski Club
- All rules apply for this day



If your child cannot attend Ski Club on Bonus Ski Day, they can use their own Laminated Ski Tag issued by Pats Peak to ski another day for free. This cannot be used BEFORE February 3, 2012 and is good until April 1, 2012. Weekends are included. Rentals are free if you rented during the Ski Club Season.

If you choose to attend Pats Peak on your own for the Bonus Ski Day:

- You need to go to the Ski School Desk with your Laminated Ski Club Tag
- You need to have the Tag for Rentals if you have rented during the year
- You need Students Name, Name of Ski Club, and day/time you attend Ski Club
- You will be issued a paper pass to be used for the day you attend

If you need more information about this Bonus Ski Day  
Call: Todd 887-2941 or Jeannie 887-0356 \_\_\_\_\_

# PATS PEAK INFORMATION PACKET

All information in this Section in the Sandown Ski Club Handbook  
has been taken from  
2012 Pats Peak Learn to Ski and Snowboard Program Packet

Please be sure to read all of this Pats Peak Packet, there are special instructions, rules, offers, and other information all Ski Club Members will need to fill out the Pats Peak Application...which will be filled out at the Sandown Ski Club Sign Up.

## Pats Peak Application for the 2012 Pats Peak Learn to Ski and Snowboard Program:

The Pats Peak Application is not in the Sandown Ski Club Packet of Forms. You will fill this form out at the Sandown Ski Club Sign Ups:

**Friday October 28, from 6:00pm to 9:00pm @Sandown Town Hall (lower Level)**

## You will need to bring the following to the Sandown Ski Club Sign Up:

- The Student and Parent to read & sign Pat's Peak Application & Rules
- Phone Number, e-mail Address, and Emergency Contact Numbers
- Student's Birth Date
- Insurance Card with Name & Numbers
- Tetanus Immunization Record, must have Month and Year...**NO "UP TO DATE"** will be accepted
- Ski OR Snowboard Level of Student
- Shoe Size if Renting Skis or Snowboards...be sure you know if it is CHILD or ADULT SIZE
- Head and/or Hand Size if Purchasing Helmets, Goggles, Mittens
- TWO CHECKS payable to: 1. Pat's Peak; 2. Sandown Ski Club
- Questions

The Sandown Ski Club numbers the Pats Peak Applications and are on a first come-first serve basis. All Pats Peak Applications MUST be filled out completely or the Application will be sent back from Pats Peak to the Sandown Ski Club for completion. Applications are not considered complete until the Application is filled out, signed by Student and Parent, checks have been cleared.

There are no REFUNDS for Lift Tickets, Lessons, Rentals, or Helmets, Goggles or Mittens. Please be sure to measure carefully for these items at time of ordering. Rentals can be added at a later date, but there is an additional \$25 late fee charged by Pats Peak. If you want rentals at a later date you must contact Todd 887-2941 or Jeannie 887-0356 \_\_\_\_\_

## Pats Peak Info – Page 2

### Make-Ups and Cancellations:

As a rule, if school is canceled for the day, the Pats Peak Learn to Ski and Snowboard Program will be canceled. If Pats Peak cancels classes, they will try to do so by noontime. Sandown Ski Club Members should call the Sandown Ski Club Hot Line 887-2941 or 887-0356 or check the web site at [www.sandownskiclub.com](http://www.sandownskiclub.com) after 12:30 PM. Please DO NOT CALL YOUR SCHOOLS FOR INFORMATION.

You may also check out our web site a [www.patpeak.com](http://www.patpeak.com) for the latest information on our "Learn to Ski and Snowboard Program" cancellations and updates. Please do not call Pats Peak on this day; we will be busy talking to all the schools' ski club coordinators. Get your information from your Ski Club coordinator. (For Sandown Ski Club it is the Sandown Ski Club Web Site or Hotline).

Cancellations will be broadcast on WNNH and WJYY in Concord; WMUR-TV, WGIR, WZID in Manchester; and WHOB in Nashua.

**Make up sessions will be scheduled with your Sandown Ski Club Coordinator only.  
There are no individual Make Up Sessions or Refunds.**

### Laminated Tags:

Every person on the mountain needs a Laminated Tag. They are issued to each student and chaperone as a lift ticket. The Laminated Tag is also a means of identifying the student, group, day of lesson, time, level and rental information. The TAG MUST be worn and visible at all times. THESE TAGS ARE NOT TRANSFERABLE. Any person skiing without a tag or with someone else's tag will lose all skiing privileges, is subject to fines, and/or disciplinary actions.

If a student loses a tag, please let Todd or Jeannie know as soon as you know it is missing. They can have a replacement Laminated Tag ordered for you at the cost of \$10.00 for the next week of skiing. All lost or forgotten tags must be replaced at a cost of \$10.00 each before the student can ride a lift or any rental equipment can be issued.

### Transportation:

Each School is assigned an arrival and departure time from Pats Peak. This has to be done in order to get schools in and out of Pats Peak on time. Please be sure you are at your ski club areas on time for the departure from your town and the departure from Pats Peak.

### Rental Shop:

Groups will be assigned a time to enter the Rental Shop. Only students renting will be allowed in the Rental Shop. All students must have their Laminated Tags visible when entering the Rental Shop. The Laminated tag contains all the necessary information needed for proper equipment and binding settings. In order to insure a fast and efficient check out, the barcode on the tags should not be covered and tags should be attached to the students' ski clothing. Please, no armbands. The scanner is unable to read the barcode through the plastic. Make sure that all information on the application is complete and accurate. This information is essential before we can issue a laminated Tag. This is a full rental package. No partial rentals are available. **Any student whose equipment is not returned to the Rental Shop will not be permitted to use rental equipment the following week.**

**RENTALS MAY BE ADDED AT A LATER DATE FOR AN ADDITIONAL LATE FEE OF \$25.00.  
THERE ARE NO RENTAL REFUNDS.**

## Pats Peak Info – Page 3

### Changing Into Equipment:

After leaving the Rental Shop, students should proceed up the outside steps. Skis and Snowboards will be placed neatly in the racks. Students should then change into their ski gear in the Lodge Upstairs with their own Ski Club Group.

**NO CHANGING, SKIS OR SNOWBOARDS ALLOWED ON THE DECK AT ANY TIME**  
**IT IS A HAZARD!!**

### Equipment:

Children learning to ski on ill-fitting or out-dated equipment are at a distinct disadvantage. Equipment that is out-dated or does not meet industry standards should not be used. Skis and Snowboards should be at the right size for students' height, weight, ability and skier type. For skis a suggested length for beginners is between the nose and chest.

Boots should have a "DIN" number on the sole. They should be warm and comfortable. Only one pair of socks should be worn with the boots. Socks should be wool or thermal. NO COTTON...cotton absorbs moisture and will make feet colder. Students need to be able to put on and fasten their own ski/snowboard boots.

By law, all bindings must have a retention device to prevent runaway skis. Snowboards must have two metal edges and a retention device. All equipment should have a pre-season check up by your local ski shop.

**Again, we remind you if there is a question on equipment;**  
**RENTALS MAY BE ADDED AT A LATER DATE FOR AN ADDITIONAL LATE FEE OF \$25.00.**  
**THERE ARE NO RENTAL REFUNDS**

### Clothing:

Pats Peak reserves the right to refuse to teach a student that is improperly dressed. Students should dress in layers so that items of clothing can be added or subtracted as the weather changes. Here is a checklist to help you.

- **Long Underwear** – NO COTTON
- **Turtleneck** or Collared Shirt
- Thermal or Wool **Socks** – NO COTTON. Please bring a second pair "just in case".
- Sweater or **Polar Fleece Top**
- **Waterproof Jacket**
- **Waterproof Pants**, Bib Coverall with Elastic Cuffs or Snow Cuffs to keep snow out.
- Wool or Polar Fleece **Ski Hat** that covers the whole head and ears to Protect Against Frostbite and Loss of Body Heat. Hats Are Required On Days That Are Below 32 Degrees. We Reserve the Right Not to Teach Students unless they Are Appropriately Dressed.
- A **Neck Warmer** that Pulls Up to Keep the Chin and Nose Warm.
- **Waterproof Mittens OR Gloves**, No Knitted Mittens Please. Knit items soak up water like a sponge. Please bring an extra set of Waterproof Gloves or Mittens each week.
- **Goggles**, Sunglasses or Some Sort Of Eye Protection.
- **Wrist Guards For Snowboarders** are Highly Recommended
- **Helmets for All Skiers and Riders** are **STRONGLY** Recommended
- Hand warmers are suggested for cold days.

## Pats Peak Info – Page 4

### Parent Ticket:

As in the past, parents who have students participating in our ***Learn to Ski and Snowboard Program*** may purchase an afternoon or evening ALL **LIFT** tickets on the evening the students are participating in the program for only **\$27.00**. This ticket is good from your school's arrival time until closing. For Sandown that is 4:00 PM to 10 PM.

### Last Call Ticket:

The "Last Call" discount ticket is priced at \$14.00 and is good for the last two hours of Mountain Time on any weekday of operation. For Sandown this is from 8:00 PM to 10:00 PM.

### Bonus Ski Day:

Sandown Ski Club will be going to Bonus Ski Day on Friday, March 2, 2012. Students will ride on the Ski Club Buses from the Sandown Central School at 7:45 AM and will return to the Sandown Central School at 5:15 PM. You will be given a FORM to fill out during the Ski Club Season requiring you to "make a reservation for a seat on the bus" for this day only. Please look for this in January.

If you cannot attend the Bonus Ski Day with the Sandown Ski Club, you can do the following:

- Fill out the form in January, stating you would like the Ski Club Members Laminated Tag.
- Take your laminated tag this tag to the Ski School Desk at Pats Peak
- They will give you a paper ticket to ski that for that day
- This ticket is only good for: February 3, 2012 to April 1, 2012 (or Pat's closing date)
  
- It can be used at any time including Weekends and the Saturday Night POP
- Pats Peak offers free rentals for any member who rented during the regular ski club season.
- NO BUSES WILL LEAVE FROM THE TOWN HALL ON THIS BONUS SKI DAY,

### First Aid Room:

The Pats Peak First Aid Room is available for all Ski Clubs. Each person in the Ski Club must fill out a **Emergency Medical Information Form** and **Emergency Medical Release Form**, both of these forms are in your *Sandown Ski Club 2012 Packet of Forms*. These must be filled out completely and signed by a parent or guardian, and kept with the Sandown Ski Club. These forms will be brought to the First Aid Room if your child has been injured. Please fill them out CLEARLY AND FULLY. We may have to use them to FIND you or your listed contact on a Friday night...so please give as much information as possible.

**Items ordered from the Pats Peak Application will be given out on the First Day of Ski Club, for Sandown, Ski Club it will be January 6. If a "Practice Makes Perfect Pass" is purchased the student will be taken to the Ski School Desk to have a picture taken for the Laminated Tag.**

# **YOUR RESPONSIBILITY CODE**

**ALL SANDOWN SKI CLUB MEMEBERS MUST KNOW THIS CODE**

Safety is always a serious concern on Ski Mountains. The National Ski Areas Association's "Heads Up" safety campaign promotes responsible mountain behavior. By following the seven simple rules—the "do's" of safe skiing and snowboarding, you will be doing a big favor to yourself and everyone else on the slopes. These rules, also known as "Your Responsibility Code" are endorsed by NSAA, PSIA, and NSP.

- 1. Always stay in control, and be able to stop or avoid other people or objects.**
- 2. People ahead of you have the right of way. It is your responsibility to avoid them.**
- 3. You must not stop where you obstruct a trail, or are not visible from above.**
- 4. Whenever starting down hill or merging into a trail, look uphill and yield to other skiers.**
- 5. Always use devices to help prevent runaway equipment.**
- 6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.**
- 7. Prior to using a lift, you must have the knowledge and the ability to load, ride, and unload safely**

**Know the Code. It's Your Responsibility**

## **SERIOUS SIGNAGE**

**ALL SANDOWN SKI CLUB MEMEBERS MUST KNOW THESE SIGNS**

- **GREEN CIRCLE: Easiest trails and more mellow slopes.**
- **BLUE SQUARE: More difficult trails and intermediate slopes.**
- **BLACK DIAMOND: Most difficult trails and vertical slopes.**
- **DOUBLE BLACK DIAMOND: Expert skiers only.**
- **CAUTION TRIANGLE: Heads Up, this terrain may contain hazards!!**
- **RED OCTAGON WITH SLASH THROUGH PERSON: Trail or Area is Closed,**
- **NO skiing or snowboarding allowed!!!**

**SANDOWN SKI CLUB 2012**  
**SCHEDULE**

**SKI CLUB DATES:**

Week 1: Friday, January 06, 2012

Week 2: Friday, January 13, 2012

Week 3: Friday, January 20, 2012

Week 4: Friday, January 27, 2012

Week 5: Friday, February 03, 2012

Week 6: Friday, March 2, 2012—Bonus Ski Day, this is an all day trip

Buses from the Sandown Central School leave by 2:45 PM every Friday.

Buses from the Sandown Town Hall leave by 3:00 PM every Friday.

Parents **MUST** be at the Sandown Central School or the Sandown Town Hall for pick up before 10:00 PM.

**Please do not park in the Bus Drop Off Area at either place.** Cars should be parked in the parking areas located on the Hampstead Road side of the Town Hall. All cars need to be parked behind the Sandown Central School, and leave on the cemetery side of the school at pick up time.

Bonus Free Ski Day: Friday, March 2, 2012 ALL Buses leave the Sandown Central School at 7:45 AM and will return to Sandown Central School at 5:15 PM. Please be sure to fill out the form for this Day.

**HOT LINE 887-2941 or 887-0356 OR [www.sandownskiclub.com](http://www.sandownskiclub.com) after 7:30 AM on Fridays**

**CANCELATIONS WILL BE PUT ON THE HOT LINE OR WEB SITE AFTER 12 NOON ON FRIDAYS**